

**AMY BAINTON**  
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## EDUCATION

**Dominican University of CA**  
MA in Marriage and Family Therapy (Art Therapy) San Rafael, CA  
August 2021 – Present

**University of San Diego**  
BA in Visual Arts San Diego, CA  
Minor in Psychology May 2021  
GPA: 3.77

**USD Study Abroad**  
London, England July 2019  
Paris, France July 2018  
Florence, Italy (Second Year Experience) January 2018

**Certified Zentangle Art Teacher** July 2015 – Present

## EXHIBITIONS

**Solo Senior Thesis Exhibition**  
*Relax Shoulders, Loosen Grip, Exhale and Begin* April 2021

**Dominican University of California Annual GATSA Art Exhibition**  
*Poppies, Sunflowers, Roses, Garden and Mushrooms,* January 2024  
*Garden Jacket*

## HONORS:

USD College of Arts and Sciences

### **Institutional Honors**

- Magna Cum Laude May 2021

### **Departmental Honors**

- Visual Arts May 2021

### **Dean's List**

- First Honors Distinction: Fall 2016, 2019, 2020; Spring 2020, 2021
- Second Honors Distinction: Fall 2017, 2018; Spring 2017, 2018

San Mateo County Fair

### **1<sup>st</sup> Place**

- Category: wearable embellished embroidered art June 2023

## EXTRACURRICULAR ACTIVITIES

**USD Psychology Club**, Club member  
**USD Basement Society**, Club member

2017-2018  
2017

## WORK EXPERIENCE

### **Cabrillo Unified School District**

Half Moon Bay, CA

School Linked Services (SLS) Therapist Trainee

January-December 2023

- Conducted 1:1 and group therapy sessions with K-5th grade students to support emotional wellbeing and scholastic success in the spring and fall sessions.
- Developed art assessments, mindfulness art group projects, and treatment plans.
- Supervised weekly by LMFTs and board-certified art therapists at CUSD and DU of CA.
- Locations: Alvin S. Hatch Elementary School and Farallone View Elementary School
- 3 days/week, 20+ hours/week

Social-Emotional Learning (SEL) School Therapist Trainee

June-July 2023

- Co-ran SEL summer school art therapy push-ins in the rising 3<sup>rd</sup>-8<sup>th</sup> grade classes.
- Organized and designed art directives for summer school students.
- Supervised weekly by a LMFT and board-certified art therapist at CUSD.
- Locations: Alvin S. Hatch Elementary School and Cunha Middle School
- 10+ hours/week

### **UCSF Benioff Children's Hospital, SF**

San Francisco, CA

Art Therapist Trainee

August-November 2022

- Pediatric hospital patients: Ages 3-25. Strong collaboration with several units and teams including ICU, Cardiac, Oncology, Med-Surgery, Amplified pain, Bone Marrow Transplant, and Eating disorders.
- Provides patients with an opportunity for in-hospital learning, skill building, and producing expressive artwork. Help to run art groups and a weekly art TV show. Weekly 1x1 therapy sessions at the bedside. Learning to create assessments, treatment plans, and art-based interventions for patients.
- Supervised weekly through UCSF BCH and Dominican University of CA.
- 24 hours/week

### **Kids & Art Foundation**

Burlingame, CA

Consulting Artist

July 2023

- Designed art kit projects and created video tutorials.
- 20 hours total

Intern

June – July 2021

- Designed and packaged art kits, created video tutorials, lead art workshop events with child cancer patients over Zoom, delivered art kit materials to hospitals, and organized office supply and packaging rooms
- 20 hours per week

## VOLUNTEER and COMMUNITY SERVICE

### **Camp Okizu**

Novato, CA

Volunteer Camp Counselor

June 2019, July 2022, June 2023

- Supervised children aged 6-17 years old with camp activities, cabin life, and daily needs at a week-long sleep away camp.
- Helped with siblings of children affected by cancer.
- 24 hours per day, 6 days each session. Total of 4 sessions.

### **Kids & Art Foundation**

Volunteer

Burlingame, CA  
July 2023

- Organized office space and art kit supplies, and designed projects at Kids & Art headquarters.

Dominican University Art Therapy Field Work

Burlingame, CA  
December 2021

- Co-led online art workshop, organized office and art kit supplies at Kids & Art headquarters
- 30 hours total

Volunteer Artist Assistant

Palo Alto and San Francisco, CA  
Summers and Intersession 2018-Present  
Lead Artist 2020

- Created art and spent time with child cancer patients and their siblings while they waited for appointments at Lucile Packard Stanford Children's Hospital and UCSF Benioff Children's Hospital
- 2.5 hours per week

### **Boys and Girls Club**

Volunteer

San Diego, CA  
Fall, 2019

- Supervised children aged 7-13 years old with after school activities
- 1 hour per week

### **USD Center for Student Success**

Student Success Coach

San Diego, CA  
Spring, 2019

- Assessed and identified presenting challenges, generated a Student Success Plan that included academic and personal goals, connected students with relevant resources on campus, and helped them to develop time management and study skills
- 6 hours minimum per week

### **USD OLE! Team**

Orientation Team Member

San Diego, CA  
August-September 2017, 2018

- Prepared and helped support the orientation logistics and events during USDs OLE! Weekend
- Leader of the Parent and Family Team, 2018
- Member of the Parent and Family Team, 2017
- Award: "Most Welcoming Personality," 2018
- 120 hours per year

### **SPCA "Pick of the Litter" Thrift Store**

Store Volunteer

Burlingame, CA  
Summer, 2017

- Worked in a team of volunteers to sort, select, clean, and organize donated items
- Shelved donated items, reorganized items in the store after customers shopped, decorated

- Assisted customers with locating items
- 8 hours per week

PROFESSIONAL MEMBERSHIPS

**Graduate Art Therapy Student Association**

Dominican University of California

Member

August 2021- Present

**American Art Therapy Association**

Northern California Art Therapy Association Chapter

Member

October 2021- Present

**California Association of Marriage and Family Therapists**

Member

February 2022- Present