

AMY BAINTON
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EDUCATION

Dominican University of CA MA in Marriage and Family Therapy (Art Therapy)	San Rafael, CA August 2021 – Present
University of San Diego BA in Visual Arts Minor in Psychology GPA: 3.77	San Diego, CA May 2021
USD Study Abroad London, England Paris, France Florence, Italy (Second Year Experience)	July 2019 July 2018 January 2018
Certified Zentangle Art Teacher	July 2015 – Present

EXHIBITIONS

Solo Senior Thesis Exhibition <i>Relax Shoulders, Loosen Grip, Exhale and Begin</i>	April 2021
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HONORS:

USD College of Arts and Sciences

Institutional Honors

- Magna Cum Laude May 2021

Departmental Honors

- Visual Arts May 2021

Dean's List

- First Honors Distinction: Fall 2016, 2019, 2020; Spring 2020, 2021
- Second Honors Distinction: Fall 2017, 2018; Spring 2017, 2018

San Mateo County Fair

1st Place

- Category: wearable embellished embroidered art June 2023

EXTRACURRICULAR ACTIVITIES

USD Psychology Club , Club member	2017-2018
USD Basement Society , Club member	2017

WORK EXPERIENCE

Cabrillo Unified School District

Half Moon Bay, CA

School Linked Services (SLS) Therapist Trainee

January-December 2023

- Conducted 1:1 and group therapy sessions with K-5th grade students to support emotional wellbeing and scholastic success in the spring and fall sessions.
- Developed art assessments, mindfulness art group projects, and treatment plans.
- Supervised weekly by LMFTs and board-certified art therapists at CUSD and DU of CA.
- Locations: Alvin S. Hatch Elementary School and Farallone View Elementary School
- 20+ hours/week

SEL School Therapist Trainee

June-July 2023

- Co-ran Social Emotional Learning (SEL) summer school art therapy push-ins in the rising 3rd-8th grade classes.
- Organized and designed art directives for summer school students.
- Supervised weekly by a LMFT and board-certified art therapist at CUSD.
- Locations: Alvin S. Hatch Elementary School and Cunha Middle School
- 10+ hours/week

UCSF Benioff Children's Hospital, SF

San Francisco, CA

Art Therapist Trainee

August-November 2022

- Pediatric hospital patients: Ages 3-25. Strong collaboration with several units and teams including ICU, Cardiac, Oncology, Med-Surgery, Amplified pain, Bone Marrow Transplant, and Eating disorders.
- Provides patients with an opportunity for in-hospital learning, skill building, and producing expressive artwork. Help to run art groups and a weekly art TV show. Weekly 1x1 therapy sessions at the bedside. Learning to create assessments, treatment plans, and art-based interventions for patients.
- Supervised weekly through UCSF BCH and Dominican University of CA.
- 24 hours/week

Kids & Art Foundation

Burlingame, CA

Intern

June – July 2021

- Designed and packaged art kits, created video tutorials, lead art workshop events with child cancer patients over Zoom, delivered art kit materials to hospitals, and organized office supply and packaging rooms
- 20 hours per week

VOLUNTEER and COMMUNITY SERVICE

Camp Okizu

Novato, CA

Volunteer Camp Counselor

June 2019, July 2022, June 2023

- Supervised children aged 6-17 years old with camp activities, cabin life, and daily needs at a week-long sleep away camp.
- Helped with siblings of children affected by cancer.
- 24 hours per day, 6 days each session. Total of 4 sessions.

Kids & Art Foundation

Volunteer

Burlingame, CA

July 2023

- Organized office space and art kit supplies, and designed projects at Kids & Art headquarters.

Dominican University Art Therapy Field Work

Burlingame, CA

December 2021

- Co-led online art workshop, organized office and art kit supplies at Kids & Art headquarters
- 30 hours total

Volunteer Artist Assistant

Palo Alto and San Francisco, CA

Summers and Intersession 2018-Present

Lead Artist 2020

- Created art and spent time with child cancer patients and their siblings while they waited for appointments at Lucile Packard Stanford Children's Hospital and UCSF Benioff Children's Hospital
- 2.5 hours per week

Boys and Girls Club

Volunteer

San Diego, CA

Fall, 2019

- Supervised children aged 7-13 years old with after school activities
- 1 hour per week

USD Center for Student Success

Student Success Coach

San Diego, CA

Spring, 2019

- Assessed and identified presenting challenges, generated a Student Success Plan that included academic and personal goals, connected students with relevant resources on campus, and helped them to develop time management and study skills
- 6 hours minimum per week

USD OLE! Team

Orientation Team Member

San Diego, CA

August-September 2017, 2018

- Prepared and helped support the orientation logistics and events during USDs OLE! Weekend
- Leader of the Parent and Family Team, 2018
- Member of the Parent and Family Team, 2017
- Award: "Most Welcoming Personality," 2018
- 120 hours per year

SPCA "Pick of the Litter" Thrift Store

Store Volunteer

Burlingame, CA

Summer, 2017

- Worked in a team of volunteers to sort, select, clean, and organize donated items
- Shelved donated items, reorganized items in the store after customers shopped, decorated
- Assisted customers with locating items
- 8 hours per week